

SCA LUNCH

HEALTHY AND DELICIOUS INTERNATIONAL MEALS

SIDES

GREEK SALAD

cucumber, tomato, feta cheese, bell pepper, olive

JAPANESE COLESLAW

green cabbage, purple cabbage, carrot, onion, cilantro

GARLIC BROCCOLI

broccoli, onion, garlic

ASIAN POTATO SALAD

potato, ham, egg, cucumber, carrot, corn

RICE

white short grain/ white long grain/ mixed grain/
whole grain/ purple rice

SOUPS

MISO SOUP

soft tofu, mushroom, seaweed, miso paste,

TOMATO EGG DROP SOUP

tomato, egg, chicken stock, green onion

SEAWEED SOUP

beef, seaweed, green onion

CUCUMBER EGG SOUP

egg, cucumber, green onion

SANDWICHES/ROLLS

TUNA MELT SANDWICH

tuna, mozzarella cheese, bread, onion, celery

CHICKEN SALAD SANDWICH

chicken, lettuce, celery, pickle, bread, green onion

TEA SANDWICH (CUCUMBER & CREAM CHEESE)

bread, cucumber, cream cheese, fresh dill

EGG SALAD SANDWICH

egg, bread, watercress

SALMON ONIGIRI

salmon, rice, seaweed sheet

KIMBAP (Korean Seaweed Roll)

rice, seaweed, ham, pickled radish, carrot, cucumber, fishcake, egg

SUSHI BURRITO

rice, seaweed, salmon, avocado, cucumber, purple cabbage, carrot, cilantro, mango puree, plantain chip

BEEF BURRITO

beef, tortilla, rice, cheese, beans, cilantro, green onion

KOREAN RICE BALL

rice, tuna, seaweed, green onion

SAMPLE MENU

Menus are sent home every month.



PRICING

The cost for the lunch program for the 2025/2026 year:

\$65 per week for grades 1-8

\$55 per week for JK and Kindergarten.